

If you have any queries about information in this leaflet please contact one of our centres

**Epsom Donor Centre**

71 Great South Road, Epsom **09 523 5733**

**North Shore Donor Centre**

441 Lake Road, Takapuna **09 489 8858**

**Manukau Donor Centre**

Unit B, 116 Cavendish Drive **09 263 4667**

**Tauranga Donor Centre**

154-168 Cameron Road **07 578 2194**

**Hamilton Donor Centre**

Gate 1, Waikato Hospital, 21 Ohaupo Road **07 839 3679**

**Palmerston North Donor Centre**

50 Ruahine Street **06 350 0963**

**Wellington Donor Centre**

Hospital Road, Newtown **04 380 2243**

**Christchurch Donor Centre**

15 Lester Lane, Addington **03 343 9040**

**Dunedin Donor Centre**

170 Crawford Street, Dunedin **03 477 9920**

**To donate, contact us today  
to book your appointment**

**0800 448 325**  
**nzblood.co.nz**

Download our app now



Can you help?  
New Zealand  
Blood Service needs  
people who have  
recently had  
**Shingles or  
Chickenpox**



**SAVE LIVES**  
**GIVE BLOOD**

**Chickenpox can produce very severe effects in children being treated for leukaemia or cancer.**

**A special antibody concentrate is needed to treat these children if they are exposed to chickenpox.**

**It is made from the blood of people recovering from shingles or people who have high levels of antibody to this infection.**

**The antibody concentrate is called Zoster Immune Globulin.**

## **Your support may help young lives**

The main selection criteria to become a blood donor are to:

- Be aged between 16-65 (but before your 66th birthday).
- Weigh at least 50 kg.
- Be well and in good health (apart from having had shingles or chickenpox).
- Have waited 4 months after tattooing or body piercing.

Some donors have medical conditions, are on medication, or have had treatment that will need to be discussed with a NZBS donor nurse but DO NOT necessarily prevent you from donating.

## **If you have a high level of shingles antibody**

We will invite you to give special plasma donations. You will receive your own red blood cells back again and we will keep only the plasma.

Plasma is the liquid gold part of your blood. There is no risk of anaemia from this type of blood donation.

## **If the following apply it will not be possible to collect blood or plasma donations:**

- You have previously had a heart attack, stroke, or any severe chronic problem.
- Are HIV positive, or at risk of HIV, hepatitis B or C virus or have taken part in any sexual or IV drug-using activities that have a risk for passing on these infections.
- Anyone who has spent more than a total of 6 months in the United Kingdom, France or the Republic of Ireland between 1 January 1980 and 31 December 1996, or received a blood transfusion in ANY of these countries since 1 January 1980, cannot give a blood donation.

## **If you wish to help and:**

- Are willing to help provide an essential treatment product for children.
- Fit the donor eligibility criteria.